



JAK NOBLE, CHI NEI TSANG PRACTITIONER
 CAMTC 38722
 JAKNTHEHAT@GMAIL.COM
 727-481-1744
 WWW.TOUCHINGCHI.COM

The Seven Levels of Individuation

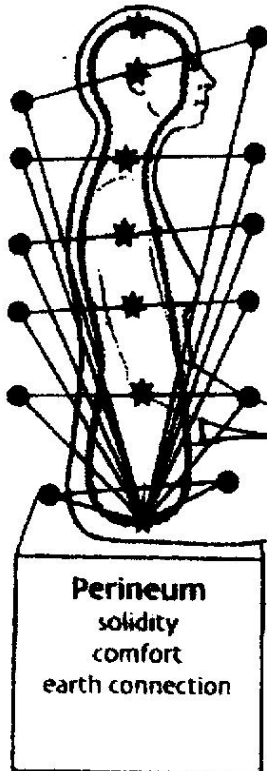
Central Channel of Chakra

Governing Channel

Conception Channel

Jade pillow
 abstraction / intuition
 C7
 reaching out
 T4
 freedom
 T11
 flexibility
 Door of Life
 power
 Sacrum
 momentum / preparation

Crown
 listening / transcendence
 heaven connection



Third eye / brow
 understanding
Throat
 expression
Heart
 enthusiasm
Solar plexus
 self esteem
Navel
 aim
Sexual center
 creativity / enjoyment

Perineum
 solidity
 comfort
 earth connection

Source: Healing From Within by Gilles Marin